

**August 8, 2022**

**To: UFCW National Health and Welfare Fund Participants –  
Ventura Foods, LLC / UFCW Local 1155 - EN 9105 9106 9107**

**From: Glenn L. Di Biasi, Fund Administrator**

**Re: Participating Provider Network Changes**

**Date: Effective October 1, 2022**

On October 1, 2022, the Fund will be transitioning the network of participating PPO providers from Preferred One to Horizon Blue Cross Blue Shield. There will be no change in the medical & prescription benefits that are provided to the participants in the Fund.

You will be sent Blue Cross Blue Shield identification cards. If you have a new address, please notify the Fund Office in writing to avoid any mailing delay.

**It is important that you bring your New Card to your medical provider so that they will be able to update your information and continue to provide the eligible medical benefits to you.**

To assist you, you may locate an in-network provider by telephone by calling BLUE CROSS AND BLUE SHIELD at 1-800-810-BLUE. You can also access the BLUE CROSS BLUE SHIELD website at [www.bcbs.com](http://www.bcbs.com). You may be asked for the prefix "UFD". You will have access to all participating providers at any Blue Cross and Blue Shield Plan in the country. The selection of the specific healthcare professional that you use is your responsibility. You will decrease your out-of-pocket cost by using in-network providers.

Please call the Fund Office at 1-888-773-8329 if you have any questions or need assistance. The office is available from 8:30 am to 4:30 pm, Eastern Time.

Sincerely,



Glenn L. Di Biasi  
Fund Administrator



Brenda Garma  
Associate Executive Director

Habla o entiende inglés y tiene preguntas de los beneficios del plan, por favor de contactar nuestra oficina para que obtenga ayuda e información. (888) 773-8329 Eastern Time or (800) 821-1222 Pacific Time, from 8:30 am - 4:30 pm