

# Your anytime, anywhere healthcare benefit

Connect with healthcare professionals and start feeling your best.



## General Medical

Need care for non-urgent and common conditions? Talk to a U.S. board-certified clinician by phone or video 24/7 from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

**free/visit**

## Dermatology

Dealing with a rash, acne, eczema or another skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

**free/online review**

## Mental Health

Have real conversations and see real progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

**Therapist free/visit**

**Psychiatrist free/first visit**

**Psychiatrist free/ongoing visits**


## Nutrition

Nutrition is different for everybody. Work with a registered dietitian to help with things like meal planning, healthy eating tips or even managing a condition like diabetes or high blood pressure.

**free/visit**

## Set up your account or log in to schedule a visit.

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