




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can view them at www.ufcwnationalfund.org. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 209-952-6533 to request a copy.

Question: Call 209-952-6533 or visit us at www.ufcwnationalfund.org for more information, including a copy of your plan’s summary plan description

| Important Questions | Answers | Why This Matters: |
|---|--|---|
| What is the overall deductible? | \$250 Individual/ \$500 Family | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible . |
| Are there services covered before you meet your deductible? | Yes. Preventive care , inpatient hospital services, and outpatient surgery facility fees are covered before you meet your deductible . | This plan covers some items and services even if you haven’t yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No. | You don’t have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | For network providers \$6,850 individual/ \$13,700 family; out-of-network providers \$13,700 individual/ \$41,100 family | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. |
| What is not included in the out-of-pocket limit? | Employee premiums, balance-billed charges, and healthcare this plan doesn’t cover. | Even though you pay these expenses, they don’t count toward the out-of-pocket limit . |
| Will you pay less if you use a network provider? | Yes. See www.ufcwnationalfund.org or call 201-569-8801 for a list of network providers . | This plan uses a provider network . You will pay less if you use a provider in the plan’s network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider’s charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist? | No. | You can see the specialist you choose without a referral . |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|--|--|---|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | 20% coinsurance | 30% coinsurance | -----None----- |
| | Specialist visit | 20% coinsurance | 30% coinsurance | -----None----- |
| | Preventive care/screening/immunization | No charge | 30% coinsurance | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | 20% coinsurance | 30% coinsurance | -----None----- |
| | Imaging (CT/PET scans, MRIs) | 20% coinsurance | 30% coinsurance | Requires prior authorization. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.ufcwnationalfund.org | Generic drugs | 10% coinsurance | Not Covered | Retail: Covers 30-day supply. Mail Order Covers 90-day supply. |
| | Preferred brand drugs | 20% coinsurance | Not Covered | |
| | Non-preferred brand drugs | 20% coinsurance | Not Covered | Requires prior authorization. |
| | Specialty drugs | 10% coinsurance (generic) 20% coinsurance (preferred & non-preferred) | Not Covered | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No Charge | 30% coinsurance | -----None----- |
| | Physician/surgeon fees | 20% coinsurance | 30% coinsurance | -----None----- |
| If you need immediate medical attention | Emergency room care | \$50 copay , plus 20% coinsurance | \$50 copay , plus 20% coinsurance | Copay waived if admitted. |
| | Emergency medical transportation | 20% coinsurance | 20% coinsurance | -----None----- |
| | Urgent care | 20% coinsurance | 20% coinsurance | -----None----- |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No Charge | 30% coinsurance | Hospital pre-certification penalty is 50% of benefits up to a maximum of \$5,000. |

*For more information about limitations and exceptions, see the [plan](#) or policy document at www.ufcwnationalfund.org.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|--|--|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| | Physician/surgeon fees | 20% coinsurance | 30% coinsurance | -----None----- |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | 20% coinsurance | 30% coinsurance | -----None----- |
| | Inpatient services | No Charge | 30% coinsurance | Hospital pre-certification penalty is 50% of benefits up to a maximum of \$5,000. |
| If you are pregnant | Office visits | 20% coinsurance | 30% coinsurance | -----None----- |
| | Childbirth/delivery professional services | 20% coinsurance | 30% coinsurance | -----None----- |
| | Childbirth/delivery facility services | No Charge | 30% coinsurance | Hospital pre-certification penalty is 50% of benefits up to a maximum of \$5,000 |
| If you need help recovering or have other special health needs | Home health care | 20% coinsurance | 30% coinsurance | -----None----- |
| | Rehabilitation services | 20% coinsurance | 30% coinsurance | -----None----- |
| | Habilitation services | Not Covered | Not Covered | -----None----- |
| | Skilled nursing care | 20% coinsurance | 30% coinsurance | -----None----- |
| | Durable medical equipment | 20% coinsurance | 30% coinsurance | Total rental not to exceed purchase price. |
| | Hospice services | Not Covered | Not Covered | -----None----- |
| If your child needs dental or eye care | Children's eye exam | No Charge | No Charge | Limited up to 24 months. |
| | Children's glasses | Covered in full up to \$100 per person | Covered in full up to \$100 per person | Limited to \$100 for glasses every 2 years |
| | Children's dental check-up | Not Covered | Not Covered | Benefits may be provided by the dental plan. |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .) | | |
|---|---|---|
| <ul style="list-style-type: none"> Acupuncture Cosmetic Surgery Long-term care | <ul style="list-style-type: none"> Hearing aids Infertility treatment | <ul style="list-style-type: none"> Routine foot care Weight loss programs |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | |
|--|--|---|
| <ul style="list-style-type: none"> Bariatric surgery Chiropractic care | <ul style="list-style-type: none"> Dental Care (may be provided by dental plan) Non-emergency care when traveling outside the U.S. | <ul style="list-style-type: none"> Private Duty Nursing Routine eye care (Adult/ Child) |

*For more information about limitations and exceptions, see the [plan](#) or policy document at www.ufcwnationalfund.org.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov or your state insurance department. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a claim. This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: UFCW National Health and Welfare Fund, 1212 West Robinhood Drive, Suite 3-E, Stockton, CA 95207-5505, phone 209-952-6533.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 209-952-6533.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 209-952-6533.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码209-952-6533.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 209-952-6533.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| | |
|---|-------|
| ■ The plan's overall deductible | \$250 |
| ■ Specialist [cost-sharing] | 20% |
| ■ Hospital (facility) [cost-sharing] | 0% |
| ■ Other [cost-sharing] | 20% |

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,687 |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$250 |
| Copayments | \$0 |
| Coinsurance | \$1,064 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Peg would pay is | \$1,314 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| | |
|---|-------|
| ■ The plan's overall deductible | \$250 |
| ■ Specialist [cost-sharing] | 20% |
| ■ Hospital (facility) [cost-sharing] | 0% |
| ■ Other [cost-sharing] | 20% |

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles * | \$250 |
| Copayments | \$0 |
| Coinsurance | \$1002 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Joe would pay is | \$1,252 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| | |
|---|-------|
| ■ The plan's overall deductible | \$250 |
| ■ Specialist [cost-sharing] | 20% |
| ■ Hospital (facility) [cost-sharing] | 20% |
| ■ Other [cost-sharing] | 20% |

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|--------------|
| Deductibles * | \$250 |
| Copayments | \$50 |
| Coinsurance | \$500 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$800 |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.