



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can view them at [www.UFCWS.com](http://www.UFCWS.com). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 201-569-8801 EST or 209-952-6533 PST to request a copy.

**Question:** Call 201-569-8801 EST or 209-952-6533 PST or visit us at [www.UFCWS.com](http://www.UFCWS.com) for more information, including a copy of your plan's summary plan description or to utilize the Self-Service Price Comparison Tool located under the Members tab.

Important Questions	Answers	Why This Matters:
<a href="#">What is the overall deductible?</a>	\$0	See the Common Medical Events chart below for your costs for services this <a href="#">plan</a> covers.
<a href="#">Are there services covered before you meet your deductible?</a>	Yes. Preventive care and hospice are covered before you meet your deductible.	This <a href="#">plan</a> covers some items and services even if you haven't yet met the deductible amount, but a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<a href="#">Are there other deductibles for specific services?</a>	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
<a href="#">What is the out-of-pocket limit for this plan?</a>	For <a href="#">network providers</a> only: \$1,500 individual/ \$3,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket</a> limit has been met.
<a href="#">What is not included in the out-of-pocket limit?</a>	Employee premiums, balance-billed charges and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<a href="#">Will you pay less if you use a network provider?</a>	Yes. See <a href="http://www.UFCWS.com">www.UFCWS.com</a> or call 201-569-8801 EST or 209-952-6533 PST for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays (balance billing). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.

\* For more information about limitations and exceptions, see the plan or policy document at [www.UFCWS.com](http://www.UFCWS.com) or to utilize the Fund's Price Comparison Tool located under the Members tab.

Important Questions	Answers	Why This Matters:
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<u>If you visit a health care provider's office or clinic</u>	Primary care visit to treat an injury or illness	\$25 copay	Not Covered	-----None-----
	<a href="#">Specialist</a> visit	\$35 copay	Not Covered	-----None-----
	<a href="#">Preventive care/screening/immunization</a>	No Charge	No Charge	You may have to pay for services that are preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
<u>If you have a test</u>	<a href="#">Diagnostic test</a> (x-ray, blood work)	20% coinsurance	Not Covered	-----None-----
	Imaging (CT/PET scans, MRIs)	\$150 copay	Not Covered	Requires prior authorization.
<u>If you need drugs to treat your illness or condition</u> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.UFCWS.com">www.UFCWS.com</a>	Generic drugs	\$15 copay (retail) \$30 copay (mail-order)	Not Covered	Retail: Covers 30-day supply. Mail Order: Covers 90-day supply.
	Preferred brand drugs	\$40 copay (retail) \$80 copay (mail-order)	Not Covered	
	Non-preferred brand drugs	\$80 copay (retail) \$160 copay (mail-order)	Not Covered	
	<a href="#">Specialty drugs</a>	20% coinsurance w/ \$200 max. (preferred) 20% coinsurance w/ \$300 max (non-preferred)	Not Covered	Mail Order covers 30-day supply only. Requires prior authorization.
<u>If you have outpatient surgery</u>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not Covered	-----None-----

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	20% coinsurance	Not Covered	-----None-----
If you need immediate medical attention	<u>Emergency room care</u>	\$150 copay	\$150 copay	No coverage for non-emergency use.
	<u>Emergency medical transportation</u>	20% coinsurance	20% coinsurance	-----None-----
	<u>Urgent care</u>	\$35 copay	\$35 copay	-----None-----
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	Not Covered	-----None-----
	Physician/surgeon fees	20% coinsurance	Not Covered	-----None-----
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 copay	Not Covered	-----None-----
	Inpatient services	20% coinsurance	Not Covered	-----None-----
If you are pregnant	Office visits	\$25 copay	Not Covered	-----None-----
	Childbirth/delivery professional services	20% coinsurance	Not Covered	-----None-----
	Childbirth/delivery facility services	20% coinsurance	Not Covered	-----None-----
If you need help recovering or have other special health needs	<u>Home health care</u>	\$35 copay	Not Covered	-----None-----
	<u>Rehabilitation services</u>	\$35 copay	Not Covered	Limited up to 30 visits per calendar year.
	<u>Habilitation services</u>	Not Covered	Not Covered	-----None-----
	<u>Skilled nursing care</u>	20% coinsurance	Not Covered	Limited up to 45 days per calendar year.
	<u>Durable medical equipment</u>	50% coinsurance	Not Covered	Total rental not to exceed purchase price. Diabetic supplies covered at 20% coinsurance.
	<u>Hospice services</u>	No Charge	Not Covered	-----None-----
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	-----None-----
	Children's glasses	Not Covered	Not Covered	Benefits may be provided by optical plan.
	Children's dental check-up	Not Covered	Not Covered	Benefits may be provided by dental plan.

\* For more information about limitations and exceptions, see the plan or policy document at [www.UFCWS.com](http://www.UFCWS.com) or to utilize the Fund's Price Comparison Tool located under the Members tab.

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

<ul style="list-style-type: none"><li>• Acupuncture</li><li>• Cosmetic surgery</li></ul>	<ul style="list-style-type: none"><li>• Hearing aids</li><li>• Long-term care</li></ul>	<ul style="list-style-type: none"><li>• Routine foot care</li><li>• Weight loss programs</li></ul>
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### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

<ul style="list-style-type: none"><li>• Bariatric surgery</li><li>• Chiropractic care</li><li>• Dental Care (may be provided by dental plan)</li></ul>	<ul style="list-style-type: none"><li>• Infertility treatment</li><li>• Non-emergency care when traveling outside the U.S.</li></ul>	<ul style="list-style-type: none"><li>• Private-duty nursing</li><li>• Routine eye care (may be provided by optical plan)</li></ul>
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**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.ccio.cms.gov](http://www.ccio.cms.gov) or your state insurance department. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](http://HealthInsuranceMarketplace.gov). For more information about the [Marketplace](http://Marketplace.gov), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: UFCW National Health and Welfare Fund, 66 Grand Avenue, Englewood, NJ 07631-3545, phone 201-569-8801 or 1212 West Robinhood Drive, Suite 3-E, Stockton, CA 95207-5505, phone 209-952-6533.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 201-569-8801 EST or 209-952-6533 PST.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 201-569-8801 EST or 209-952-6533 PST.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 201-569-8801 EST or 209-952-6533 PST.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 201-569-8801 EST or 209-952-6533 PST.

**To see examples of how this plan might cover costs for a sample medical situation, see the next section.**

\* For more information about limitations and exceptions, see the plan or policy document at [www.UFCWS.com](http://www.UFCWS.com) or to utilize the Fund's Price Comparison Tool located under the Members tab.

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$0
■ <a href="#">Specialist</a> <a href="#">[cost sharing]</a>	\$35
■ Hospital (facility) <a href="#">[cost sharing]</a>	20%
■ Other <a href="#">[cost sharing]</a>	20%

This EXAMPLE event includes services like:  
[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,687</b>
<b>In this example, Peg would pay:</b>	
Cost Sharing	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$11
<a href="#">Coinsurance</a>	\$1,489
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$1,500</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$0
■ <a href="#">Specialist</a> <a href="#">[cost sharing]</a>	\$35
■ Hospital (facility) <a href="#">[cost sharing]</a>	20%
■ Other <a href="#">[cost sharing]</a>	20%

This EXAMPLE event includes services like:  
[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
<b>In this example, Joe would pay:</b>	
Cost Sharing	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$975
<a href="#">Coinsurance</a>	\$424
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$1,399</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$0
■ <a href="#">Specialist</a> <a href="#">[cost sharing]</a>	\$35
■ Hospital (facility) <a href="#">[cost sharing]</a>	20%
■ Other <a href="#">[cost sharing]</a>	20%

This EXAMPLE event includes services like:  
[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
<b>In this example, Mia would pay:</b>	
Cost Sharing	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$390
<a href="#">Coinsurance</a>	\$412
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$802</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

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