



Prostate Cancer: Patients Often Have Options

September is Prostate Cancer Awareness Month. Thanks to advances in screening and treatment, many men diagnosed with prostate cancer have more than one appropriate treatment option.

Screening Tip

Men ages 55-69 should discuss periodic PSA screening with their doctors

When cancer affects you or your family, it can feel overwhelming. That's why CancerNavigator is part of your benefits.

CancerNavigator is available to any patient on the UFCW National Fund Health Plan facing any type of cancer.

CancerNavigator connects you with experienced oncology nurses who can:

- Prepare for upcoming appointments with tailored questions
- Coordinate appointments and treatment logistics, including second opinions
- Connect you with transportation, mental health, nutrition, and financial support resources

Provided by your Fund. No cost to you.

To reach your Oncology
Nurse Navigator:



(201) 308-6555

Or visit www.cancernavigator.com/ufcwnationalfund to learn more



You can contact us directly at any time – early support can make a difference.
Participation is voluntary and confidential.